



# Activity

**Brightening Lives Activities** are simple ways for groups of people to come together and participate in a hands-on volunteer project. These activities are easy, convenient, fun and are intended to connect volunteers to the needs of their community and local charity and agency partners.

## Everything for Babies

### Summary and Goals:

Ask participants to bring an assortment of donated items needed for babies. Sort into gift boxes for your charity partner to give to new parents in their shelters.

### Supplies:

Ask the agency about the make-up of their families with infants or small babies. Nappies, wipes, formula, new or nearly new baby clothes, muslins, blankets, play mats, slings, baby books and toys can all be collected to be put into gift baskets or boxes. You could also include items for new mothers.

### Activity Children:

Children could create cards to include in the boxes.

### Follow-Up Activities for Future Events at the Agency:

Those more inclined to volunteer directly could consider helping with some parenting classes or hosting age-appropriate activity sessions for the children, whilst their parents take a break. Ask your partner what the families would like, and if volunteering is possible.



The Foundation's purpose is to make a difference to children and families experiencing crisis and disadvantage. We achieve this by creating Bright Spaces® which are indoor and outdoor play spaces located in homeless shelters, domestic violence refuges and refugee centres. We do this in partnership with other agencies to help vulnerable children and families build caring relationships, heal from trauma through play, and access support in a safe, child-friendly environment.

For more information about the Bright Horizons Foundation for Children, visit [www.brighthorizonsfoundationforchildren.org/eu](http://www.brighthorizonsfoundationforchildren.org/eu)

