



# Activity

**Brightening Lives Activities** are simple ways for groups of people to come together and participate in a hands-on volunteer project. These activities are easy, convenient, fun and are intended to connect volunteers to the needs of their community and local charity and agency partners.

## Cheer Cards

Children living in a shelter or experiencing crisis might not get to celebrate occasions because their family is having a difficult time.

By making colourful, handmade cards, you can bring a smile to a child.

What You Need: plain card, envelopes to fit the cards, art supplies

- Fold a piece of a card in half and decorate the front of the card
- Write “Happy Birthday” or other positive messages like “You are a Star” or “Have a Lovely Day.” Or, just draw a cheerful picture! (Remember—keep the inside of the card blank, so it can be personalised by the family of the child.)
- Make as many cards as you’d like—they will be appreciated!
- Collect the cards and envelopes and give them to your local partner to distribute to children and families.



The Foundation’s purpose is to make a difference to children and families experiencing crisis and disadvantage. We achieve this by creating Bright Spaces® which are indoor and outdoor play spaces located in homeless shelters, domestic violence refuges and refugee centres. We do this in partnership with other agencies to help vulnerable children and families build caring relationships, heal from trauma through play, and access support in a safe, child-friendly environment.

For more information about the Bright Horizons Foundation for Children, visit [www.brighthorizonsfoundationforchildren.org/eu](http://www.brighthorizonsfoundationforchildren.org/eu)

